# 

TECHNOLOGY ENABLED CARE CLOSER TO HOME

## Public Opinion Study (POS)

Spring/Summer 2023

### The Gap – TEC Data Bias Samples

During the pandemic, digital healthcare and TEC increased significantly. But despite best efforts, the difficulties of the pandemic, and its aftermath, created limitations in capturing in-person and representative data.

As a result, most of this TEC related data is bias, in that the data is usually captured via a digital means (e.g., online feedback), and completed by someone who has used digital (and therefore, probably likes it – big bias!).

As TEC Cymru have spent three years capturing and publishing this data, we are continuously hit with this criticism.

With the support of the Welsh Government and our policy leads, as well as health board & local authority approvals, we are now seeking to change this narrative.

### **Rationale & Solution – The POS**

#### The Rationale:

To ensure we are true to our word, and TEC data is 'representative' to the Welsh population, and that 'inclusivity' is central to our strategy, we need to conduct our research and evaluation in a way that allows for our conclusions to be factual.

The rationale for the public opinion study is to give everyone in Wales the chance to have their say.

Regardless of demographics, background, digital use, or previous TEC experience, we are keen to find out **what the public knows, thinks and wants** in relation to TEC.

#### The Solution & Study:

- TEC Cymru have started a new approach to public data gathering.
- It's an all-Wales Public Opinion Study (POS)
- Through a series of public engagement events and other approaches
- Using a variety of data collection methods to attempt to reach <u>all</u>.
- Aim to reach a minimum of 10,000 people in Wales (0.3 of Welsh population).

#### **The Method**

The study will run from April to October 2023. Taking a simple approach, asking the public six sets of questions. To include:

- Experience, opinion and knowledge of Video Consulting (not just AA)
- Experience, opinion and knowledge of Remote Monitoring
- Perceived Benefits & Challenges of both.
- Demographics/Geographics of participant
- Quote & Best Name (for a national RM service), with a chance to win £100, plus other prizes.

#### **Example Data Collection Approaches:**

- In-person data capture (e.g., set up tables, at events, via clipboards)
- QR codes on flyers, banners, posters, other.
- Letter-box drop offs (random coverage of Welsh postcodes)
- Online networking e.g., intranet, internet, email, social media.

### **Posters & Flyers**



Contact TEC.Cymru@wales.nhs.uk for more information



### **Example Sites of Engagement So Far...**

Hospitals & Clinics GP Practices, Pharmacies, Opticians *Foyers, Receptions, & Waiting Areas Care Homes, Children Centres, Churches* Universities, Colleges & Schools Fairs, Festivals, Conferences, Events Supermarkets, Shops, Cafes, Markets, Post Offices, Craft Stores, Charity Shops Libraries and Hubs, Council Offices, Businesses, Work Places and Canteens Shop Windows, Public Toilets, Public Spaces, Bus Stops, Train Stations Leisure Centres, Garden Centres, Sports Events. Door-to-Door Flyer Drops, Walking the Streets, Emails/Professional Networks Health Board, GP & Local Authority Social Media, Internet & Intranet Pages

#### **TEC Cymru on Tour!**

#### **POS 2023**



#### **Progress To Date**

Our Target is 10,000 participants (0.3% of the Welsh Population) We have now hit 15% of our target.

But, for every response, this can be multiplied by a minimum of 50, in terms of public comms and engagement conducted during POS.

In other words, half a million people in Wales will know about TEC-C in less than 6-months – better than any other TEC-C comms to date <sup>(2)</sup>.

Many more sites booked in, and we will have better merchandise & NHS/TEC logo hoodies/t-shirts soon, so it can only improve with time.

The study will run until end of October, or until we reach our 10k target.

### **Future Plans with Data**

Each site and number of engagement hits is being documented, in preparation for a heatmap to visualize local authority level engagement.

The full POS dataset will be cleaned and analyzed. Findings will be written up as an all-Wales report and on a Local Authority level.

We will seek to present data to as many possible audiences – e.g., policy, health boards, local authorities, education/academia and the media.

Will be good to get some feelers out, and plans in place soon for this national level dissemination.

If this approach lands – then we should keep doing it each year! If we keep asking, we will all keep learning and improving.

### What is the data telling us so far...

#### **Video Consulting**

Only 32% have used, or been offered VC in Wales. But 64% of these users, liked it. And, 77% of non-users, would like to try it.

#### **Remote Monitoring**

52% had never heard of remote monitoring (despite definition provided). Only 9% had ever used anything close to RM. But, 74% of respondents, would like to try it.

#### What is the data telling us.

#### What types of health conditions could VC & RM be used for...

heart failure discussions Minor Hypertension Diabetes pressure OXVgen BP monitoring assessment minor ailments pressure heart clinics oxygen levels Epilepsy illness infections skin Mental follow blood tests physical examination t require consultations really heart rate Unsure BP rashes anything ones people Dermatology SURE Hypertension problems medication reviews heart conditions pregnancy COPD things Asthma person high blood video call check GP etc many mental health Diabetes high Diabetes long term blood pressure anxiety monitoring regular conditions taking patients low blood used Heart **ISSUES** maybe **need** diabetes hypertension health conditions seen Skin conditions video remote monitoring think don trequire physical review cancer appointments related health issues need seen cardiac t know Diabetes heart doctor chronic conditions home good weight care type know asthma copd blood sugar heart disease face face glucose levels general conditions require heart problems Respiratory diabetic high low

### What is the data telling us.

#### What types of settings could VC & RM be used in...

Mental health services police face face Definitely maybe professional nursing struggle Therapy Prescriptions pharmacy outpatients education medication follow GP Social Services reviews medication reviews think prefer general help consultations triage etc don t know clinics NHS GPS check many care homes counselling home lot need follow appointments NHS GP social remote monitoring mental health things GP social care Anything Social care provided appointments community services feel GP long NHS benefit Schools issues NHS GP Unsure monitoring better patients meetings people GP practices used support GP appointments appropriate social care schools see hospital questions sure schools universities **CONDITIONS** emergency GPS diabetes **DOCTORS** Minor person Primary care required video remote monitoring know children also places health None visits surgery medical taken assessment majority may time gp hospital within social services health care

### What is the data telling us.

## If Wales were to develop a national RM service, the Welsh public think it should be called...

data keeping well connected living time DIY allows ease results within best Digi SUPport Community appointment wellness easy carry technology faster Quick look USE Digital Doctor Healthcare know remote monitoring understand monitoring service Name Virtual Wellbeing send National Remote Monitoring doctor professionals Digital go Wales clinical check life Health Home people NHS travel service Helping us help health Remote Care home comfort **monitoring** healthy **care** convenient observations make help obs Remote access Self self monitoring service patients work comfort home video need will NHS Home idea testing HOME Home take manage GP body Remote Monitoring Service surgery online electronically medical Smart health care review clinician clinic health condition At-home Cymru chat Welsh way NHS remote Self monitoring See Vital signs Well safe

### **Benefits & Challenges**



